

Note: Though this PDF version of the following letter has been last updated on January 21st, 2021, you can access the web version on my blog, for any future updates, via the following link: <https://liveandliveon.com/2021/01/21/a-word-of-caution-about-the-new-covid-19-vaccines/>

To my dear friends and family,

Greetings and happy New Year! There is certainly no doubt that these past several months have been very trying times for many of us who have lost or been separated or isolated from friends or family members, due to the spread and contraction of the coronavirus. I myself just recently had to quarantine since all three of my family members tested positive for COVID... Fortunately, all are currently better and more or less symptom-free, thank God! It was such a blessing to have so many of those around us reach out to offer our family food, flowers, favors, and, above all, their heartfelt thoughts and prayers.

In light of the recent release of COVID-19 vaccines, I wanted to write a brief commentary of the research I've compiled. Of course, I am not a doctor, medical researcher, or bio-ethicist (although I do have a BS degree in Neuroscience and Behavior from the University of Notre Dame), but simply a young and discerning Catholic Christian who is concerned for both the physical and spiritual wellbeing of those I love. Thus, please feel free to share this information with anyone you know who may be contemplating taking the vaccine (or who may have already received the first dose), especially health care workers, medical school students, long-term care facility residents, those over the age of 65, or anyone who has underlying medical conditions, to whom the first waves of vaccines are already being administered to around the nation and world daily.

I want to start by saying that I am usually not someone to be "anti-vaccine" by any means. (I have received the necessary vaccinations for my international travel in Peru, such as the vaccines for Typhoid and Rabies, for example). However, after looking into the matter from both a moral and medical lens, I would humbly advise you or any of your loved ones who are considering taking this COVID-19 vaccine, or who have already taken the first dose and are planning on receiving the second, not to do so.

Yet before you dismiss this letter as another out-of-touch, unscientific, or even hyper-politized* opinion, I invite you to look at the following evidence (with the respective links) for yourself.

As of January 8th, 2021, the Vaccine Adverse Event Reporting System (VAERS), a system of reporting managed by the Centers for Disease Control and the Federal Drug Administration (FDA), has already received reports of [1,156 total people](#) who have visited the emergency room after taking the COVID-19 vaccine. Of those, 17 have been 'life threatening' cases and two have led to a 'permanent disability.'

In addition to those hospitalized, [thousands of people reported](#) being unable to work or perform daily activities, or required care from a healthcare professional, after getting the new COVID-19 vaccine, (via V-safe, an app that allows users to quickly tell the CDC if they're experiencing side effects) [according to new data from the CDC](#).

The FDA website states the most commonly reported side effects include tiredness, headache, muscle pain, and chills, which tend to go away after a few days. However, there have also been more acute adverse side effects associated with the new vaccine, including, heart attack, stroke, blood disorders, and even death.

Sadly, the Norwegian Medicines Agency (NMA) reported that as of January 14, 2021 [twenty-three people](#) have died within days of receiving the first dose of the Pfizer COVID-19 vaccine. The New York post [explained](#) that 13 of the 23 who passed away were nursing home patients over 80 years old, and that, in response, medical officials, without apparently indicating significant concern, have already stated that, “they are adjusting their guidance on who should receive the vaccine.” The NMA stated that the “large studies” on the Pfizer/BioNTec vaccine “did not include patients with unstable or acute illness – and included few participants over 85 years of age.”

Additionally, there have been other tragic deaths associated with the new COVID-19 vaccines, including Dr. Gregory Michael, [a 56-year-old obstetrician](#) from Miami, Florida (in his case, a Johns Hopkins University expert in blood disorders later [asserted](#) that it was “a medical certainty that the vaccine was related” with his death), [a 41-year-old mother and health care worker](#) in Porto, Portugal, as well as [24 nursing home residents](#) in Auburn, New York, all within a period of less than two weeks after being vaccinated.

In her [article](#) which investigates the bioethics of vaccines, Dr. Kristine Severyn, explains that, “If an adult or child is killed or injured by a vaccine, federal law—the National Childhood Vaccine Injury Act of 1986—prohibits the person from suing the drug company that made the vaccine. Despite the government’s narrowing criteria for injured parties to collect on vaccine death or injury, the taxpayer fund has paid out more than \$4 billion to vaccine victims and their families.”

Of course, it should be noted that the thousands of reported unfavorable outcomes are only a small percentage of the total number of millions who were vaccinated. Yet on December 16th, 2020, research scientist Dr. Lyons-Weiler, PhD, [warned](#) that “21% of people are having serious adverse events from this vaccine.” Lyons-Weiler, who is the President and current CEO of The Institute for Pure and Applied Knowledge (IPAK), [points out](#) that because of the rush to release a vaccine to the general public, normal protocols (such as [industry-standard animal trials](#)) for COVID-19 vaccine manufacturers were suspended: “The FDA, absolutely ignoring [the] safety margin, in a stunning decision, decided to allow Moderna and other vaccine manufacturers to skip the most important step in vaccine safety for coronavirus which is the animal trials.... they [the FDA] even said well we don't have to do phase one human trials and phase two human trials separately; we're going to combine them together because this is such a horrible epidemic, we need to get the science done fast.”

The Moderna vaccine safety report also showed that “68.5% of vaccine recipients” reported fatigue; 63% reported headaches; 59.6% reported myalgia (muscle pain); 44.8% reported arthralgia (joint pain); and 43.4% reported having chills. Additionally, [as many as 13 people in Israel](#) have suffered from facial paralysis after being administered the COVID-19 vaccine. The following is the list of potential side effects that the FDA has listed:

<https://www.livesitenews.com/news/fda-death-heart-attacks-stroke-blood-disorders-all-possible-side-effects-of-covid-vaccine>

FDA Safety Surveillance of COVID-19 Vaccines :

DRAFT Working list of possible adverse event outcomes

Subject to change

- Guillain-Barré syndrome
 - Acute disseminated encephalomyelitis
 - Transverse myelitis
 - Encephalitis/myelitis/encephalomyelitis/meningoencephalitis/meningitis/encephalopathy
 - Convulsions/seizures
 - Stroke
 - Narcolepsy and cataplexy
 - Anaphylaxis
 - Acute myocardial infarction
 - Myocarditis/pericarditis
 - Autoimmune disease
 - Deaths
 - Pregnancy and birth outcomes
 - Other acute demyelinating diseases
 - Non-anaphylactic allergic reactions
 - Thrombocytopenia
 - Disseminated intravascular coagulation
 - Venous thromboembolism
 - Arthritis and arthralgia/joint pain
 - Kawasaki disease
 - Multisystem Inflammatory Syndrome in Children
 - Vaccine enhanced disease
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The new COVID-19 vaccines have caused widespread enthusiasm and have even been advocated as necessary to “return to normal,” as prominent figures like Bill Gates and Dr. Anthony Fauci have suggested. However, it is clear that they are not full-proof measures in protecting against the contraction and spread of the virus. [240 people in Israel](#), for example, were found with COVID after vaccination, and in fact Dr. Fauci recently [stated](#), “...if you get vaccinated, you can’t throw away the masks, because you could be infected and conceivably infect others” and that we have to prepare for the possibility that COVID is here to stay.

Under recently released federal guidelines, a COVID-19 vaccine can be authorized for use if it is safe and proves effective in as few as 50% of those who receive it. Yet "effective" doesn't necessarily mean stopping people from contracting COVID-19, but rather that the its most serious symptoms are minimized, [experts say](#). Dr. Paul Offit, for example, a vaccine expert at Children’s Hospital of Philadelphia, [expressed his concerns](#) about a vaccine with limited efficacy delivered prematurely might give people “a false sense of being protected” and “lead to serious outbreaks of the disease.”

Additionally, because of the new and evolving strains of the virus which are emerging from various parts of the world, scientists and medical experts are uncertain about whether the current vaccines will protect against them. Stephane Bancel himself, the CEO of Moderna, [stated](#) on January 13th, 2021 that, “health officials will have to continuously watch for new variants of the virus, so scientists can produce vaccines to fight them,” and that, “we are going to live with this virus, we think, forever,” [according to](#) CNBC.

After being repeatedly asked about the new COVID-19 vaccines, Dr. Shallenberger, MD, who has been practicing medicine since 1973 and has been a Pioneer in Integrative Medicine since 1978, gave the following reasons why he warns against taking them. Below are only the first 5 of 14 reasons he gave, the rest of which can be read [here](#):

"People need to have fully informed consent when it comes to injecting foreign genetic material into their bodies.

*1. The COVID vaccines are [mRNA vaccines](#). [mRNA vaccines are a completely new type of vaccine](#). [No mRNA vaccine has ever been licensed for human use before](#). In essence, we have absolutely no idea what to expect from this vaccine. We have no idea if it will be effective or safe.***

2. Traditional vaccines simply introduce pieces of a virus to stimulate an immune reaction. The new mRNA vaccine is completely different. It actually injects (transfects) molecules of synthetic genetic material from non-humans sources into our cells. Once in the cells, the genetic material interacts with our transfer RNA (tRNA) to make a foreign protein that supposedly teaches the body to destroy the virus being coded for. Note that these newly created proteins are not regulated by our own DNA, and are thus completely foreign to our cells. What they are fully capable of doing is unknown.

3. The mRNA molecule is vulnerable to destruction. So, in order to protect the fragile mRNA strands while they are being inserted into our DNA they are coated with [PEGylated lipid nanoparticles](#). This coating hides the mRNA from our immune system which ordinarily would kill any foreign material injected into the body. PEGylated lipid nanoparticles have been used in several different drugs for years. Because of their effect on immune system balance, several studies have shown them to induce allergies and autoimmune diseases. Additionally, PEGylated lipid nanoparticles have been shown to trigger their own immune reactions, and to cause damage to the liver.

4. These new vaccines are additionally contaminated with aluminum, mercury, and possibly formaldehyde. The manufacturers have not yet disclosed what other toxins they contain.

5. Since viruses mutate frequently, the chance of any vaccine working for more than a year is unlikely. That is why the flu vaccine changes every year. Last year's vaccine is no more valuable than last year's newspaper."

Indeed, this entirely new type of vaccine, has "no long term safety studies will have been done to ensure that any of these vaccines don't cause cancer, seizures, heart disease, allergies, and autoimmune diseases seen with other vaccines." This is why "many experts question whether the mRNA technology is ready for prime time" and why many doctors and medical professionals in the United States and around the world, are [advising](#) us not to take the current vaccine. For example, "Dr. Peter Jay Hotez, Professor of Pediatrics and Molecular Virology & Microbiology at Baylor College of Medicine, where he is also Director of the Texas Children's Hospital Center for Vaccine Development, said of the new mRNA vaccines, 'I worry about innovation at the expense of practicality because they [the mRNA vaccines] are weighted toward technology

*platforms that have never made it to licensure before.’” And Michal Linial, Ph.D., who is a Professor of Biochemistry, aligns herself with [approximately 50 percent of Americans \(around 25 percent are unsure\)](#), when she states, “I won’t be taking it [the mRNA vaccine] immediately – probably not for at least the coming year. We have to wait and see whether it really works. We will have a safety profile for only a certain number of months, so if there is a long-term effect after two years, we cannot know.” Furthermore, “*in November 2020, The Washington Post reported on hesitancy among healthcare professionals in the United States to the mRNA vaccines, citing surveys which reported that: ‘some did not want to be in the first round, so they could wait and see if there are potential side effects’, and that ‘doctors and nurses want more data before championing vaccines to end the pandemic.’”**

More examples of medical professional weighing in about the vaccine include the acclaimed French anesthetist and resuscitation specialist in one of the four major hospitals in Marseille, Dr. Louis Fouche, who is [urging](#) people to “refuse the vaccine,” the doctors who [petitioned](#) the EU to stop all COVID vaccine studies due to grave risks, and Prof. Dr. Paul Cullen of Germany, who [explains](#) the risk of a half-finished and ineffective product causing massive damage to health, an extremely rushed COVID-19 vaccine, “could prove to be the biggest mistake” of the whole COVID episode.

In addition to the very real medical uncertainties and potential health risks that this entirely new form of vaccine presents, there are serious moral concerns being raised. According to the United States Conference of Catholic Bishops, “both the Pfizer Inc and Moderna Inc vaccines have some connection to cell lines that originated with tissue from abortions...that took place in the 1960’s and 1970’s and that have often been replicated since.”

Indeed, both Pfizer Inc and Moderna used the HEK-293 cell line in developing their respective COVID-19 vaccines. “HEK” stands for Human Embryonic Kidney and the “293” refers to the number of experiments that a researcher did to develop that cell line. And as biologist Pamala Acker, who spent time in a vaccine research lab for nine months before encountering the ethic and moral issue of the HEK-293 cell line, [explains](#), “It doesn’t mean there were two hundred and ninety-three abortions [for the HEK-293 cell line], but for two hundred and ninety-three experiments, you would certainly need far more than one abortion. We’re talking probably hundreds of abortions.”

Acker [goes on to explain](#) that because the cells have to be gathered within 5 minutes of an abortion, “They will actually deliver these babies via cesarean section. The babies are still alive when the researchers start extracting the tissue; to the point where their heart is still beating, and they’re generally not given any anesthetic, because that would disrupt the cells that the researchers are trying to extract. So, they’re removing this tissue, all the while the baby is alive and in extreme amounts of pain...” (You can watch the full [interview](#) between Pamala Acker, author of “Vaccination: A Catholic Perspective” and John-Henry Westen [here](#).)

In a [paper](#) released on December 12, 2020, Bishop Athanasius Schneider, along with co-signers Cardinal Janis Pujats, Bishop Joseph Strickland, Archbishops Tomash Peta and Jan Pawel Lenga, and other bishops and priests around the world expressed their strong conviction that any use of a vaccine tainted by the use of aborted fetal cells, “cannot be acceptable for Catholics.”

Additionally, many individual Church leaders have strongly spoken out against any vaccine derived from aborted fetal cell tissue, including American Cardinal Burke, who [stated](#) that such vaccines violate “integrity of citizens” and “it must be clear that it is never morally justified to develop a vaccine through the use of the cell lines of aborted fetuses,” Bishop Strickland of Texas, who [stated](#) that we must “reject any vaccine that is developed using aborted children,” and Bishop Joseph Brennan of Fresno, California, who [stated](#), “If it’s using objectionable material, we can’t use it, we can’t avail ourselves of it.”

Now, I am fully aware that there are many people of faith, Christians, and even prominent Church leaders who assert that the vaccines are not only permissible, but morally commendable, and should even be obligatory, due to the potential lives they could protect and save. However, the Personhood Alliance, a US organization which includes many competent and trustworthy social, legal, and religious leaders, including President Ronald Regan, Bishop Kagan, and Dr. Alveda King (MLK’s niece), declares that these arguments are in error, since the means, however good and ideal, simply cannot justify the ends: “The production and testing of vaccines using the remains of aborted human beings, regardless of manner of conception and without their consent, is morally unacceptable and must be opposed. The Personhood Alliance strongly urges the rejection of such vaccines.” This official stance was guided by the principles of [“the rights of born persons not to be forced to violate their own bodily integrity and/or moral conscience and the rights of pre-born persons not to be trafficked, commodified, and/or experimented upon without their consent.”](#)

There are moral theologians who, despite their belief that abortion is a morality of abortion, assert that the currently available vaccines are morally licit since their connections to the abortions were many years removed and thus, “remote.” Yet to this objection, Catholic nun and podcast speaker, Mother Mirium [responds](#), “If stem cells were used from babies who died, stillbirths, or babies who died shortly after birth, I don’t see any problem with that, as I don’t see a difficulty with an adult donating organs and stem cells. But to use the stem cells from a child that was murdered, I do believe we are participating in the abortion, even though we weren’t even alive at the time.”

These voices aren’t just the consensus the conscience of faithful and trusted Catholic Christians... There are many prophetic voices, chosen messengers, and visionaries that are warning us from Heaven’s perspective about the dangers of this vaccine, including priest, exorcist, founder and superior General of the Apostolic Fraternity of Saint Benedict Joseph Labre.***

Another example is Anne, ‘apostle of the Returning King’ whose Apostolate of the Returning King (ARK) has received from the Irish Bishop O’Reilly a decree granting it the canonical status of a Private Association of the Faithful with Juridical Personality. Anne has received many [locutions from Jesus, Mary, God the Father, and multiple saints on various topics including addiction, suicide, depression, divorce, atheism, everyday lay spirituality and more](#) since the early 2000’s, many of which have undergone the careful review and approval by the Church, with the Imprimatur, which states that the messages are free of all moral or doctrinal error. The following is an excerpt of a beautiful and very relevant message she received from Our Lord on May 17th, 2020, and it with this I would like to end:

“A created being does not create what is good without God, regardless of one’s beliefs about God. A created being does not create and use that which is bad for people with God, regardless of one’s beliefs about God. Therefore, let it be said that when a person creates something which is used to hurt humanity, they do so without God and they are acting separately from God.

Why do I speak with you this way today? Because you must quietly discern all that moves around you. Ask yourself this question. Is the remedy being offered to people helping humanity or hurting humanity? If it is helping, then you know I am active. If it is hurting humanity, then you know that it is not what I desire for people. Because you cannot possibly judge any person, you leave all judgement to me. The truth is that sometimes people believe they serve to help others when really they spread harm. I do not want this. I want all of God’s children on Earth to be loved and assisted. At the very least, I ask that God’s children not be deliberately harmed. If I am speaking to you, then you should heed my words, which you have now been given. If I am speaking to others, then you should simply discern prayerfully which part of these words are for you. Ponder my words. Ask for light from the Holy Spirit. Ask for protection from the Creator who desires what is good for you.”

Thank you so much for taking the time to heed this letter. I hope you understand that my aim is not to incite fear, division, or discouragement, despite the dangers, both physical and spiritual, of these difficult times. Rather, I exhort you to continue to stay positive, peaceful, and prayerful through everything, so as to be a beacon of the power of love and trust in God’s attentive love, complete care, and ever-present grace.

May He and His beautiful, blessed Mother Mary, bless you and your families and friends and keep you safe and healthy in mind, body, and soul, now and always! Yours in Christ’s infinite Mercy, Kindness, and Forgiveness,



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*Though I have made my support for Donald Trump public when I posted the YouTube video, “[Why, As A Young Catholic Millennial, I’m Voting for Life](#),” I believe there are serious ethical concerns with the “[Operation Warp Speed](#)” fast track vaccine development effort combining the US government, military, and pharmaceutical industry, to release the COVID-vaccines by January of 2021, even before meeting the standard regulatory approvals.

****Final [Article/Video](#):** Dr. Dolores Cahill, PhD, is a Molecular Biologist/Immunologist and Professor at the University College of Dublin in Ireland. She is an inventor, founder and shareholder of companies, and has been granted & licensed patents in Europe, the USA & worldwide with applications in improving the early accurate diagnosis of disease (autoimmune diseases & cancer). She has more than 20 years of expertise in high-throughput protein & antibody array, proteomics technology development, automation & biomedical applications in biomarker discovery, diagnostics & personalized medicine. Dr. Cahill recently did an interview explaining how previous peer-reviewed studies on SARS Coronavirus *mRNA* vaccines conducted on animals have had very negative results, which is why one has never been approved for humans. She states: "When you inject it, this *mRNA*, why it's so deadly, is that it now goes into your genes, and starts expressing. And it starts stimulating the immune response from inside your body, and you can't get rid it because of the source of the viral protein. You now have become like a genetically modified organism."

******* At this time, the vaccines that don't involve tests using aborted fetal cells have not yet been made available to the general public, which is why some Catholics may be advocating waiting longer until there are more ethical alternatives to the Pfizer and Moderna vaccines. However, the following blog post gives a spiritual and moral warning against taking the vaccine, even suggesting that doing so in full knowledge and consent could be a grave matter, due to the harm it could cause:

<https://maryrefugeofsouls.com/2020/12/16/important-commentary-vaccinations-and-the-mark-of-the-beast-by-a-soul-maryrefugeofsouls/>

The following is the full message from God the Father to Father Michel Rodrigue on December 31st, 2020, concerning the new vaccines: <https://maryrefugeofsouls.com/2021/01/06/december-31-2020-god-the-father-to-fr-michel-rodrigue-satan-is-going-to-attack-the-physical-body-of-my-children-that-i-created-in-my-image-and-in-my-likeness-satan-through-his-puppets-who-ru/>

The following is a comprehensive review of the vaccines that are and aren't connected to abortion: <https://www.lifesitenews.com/news/which-covid-19-vaccines-are-connected-to-abortion>